



# FENISCOWLES PRIMARY SCHOOL

*Striving for Excellence*

## PE LONG TERM PLAN

Reception	EYFS - FMS - Space	EYFS - FMS - Jack and the Beanstalk	EYFS - FMS - Transport	EYFS - FMS - Hungry Caterpillar	EYFS - FMS - Castles	EYFS - Fundamental Movement Skills
	EYFS - FMS - Mini Beasts	EYFS - FMS - Rumble in the jungle	EYFS - FMS - Elmer	EYFS - FMS - Rosies Walk	EYFS - FMS - Superworm	EYFS - FMS - How to catch a star
Year One	Year 1 FMS Baseline Unit - Lost and Found	Year 1 FMS - Underarm Throw	Year 1 FMS - Rolling a Ball	KS1 - FMS - Supertato	Year 1 FMS - Overarm Throw	KS1 - Y1 Athletics
	Year 1 Gymnastic Activities 1	Year 1 FMS Baseline Unit - Supertato	Year 1 Gymnastic Activities 2	KS1 Y1 FMS - Tri Throlf	Year 1 FMS - Catching and Bouncing a Ball	KS1 Y1 FMS - Zog
Year Two	KS1 Y1 FMS - Tri Throlf	Year 2 Games - Piggy in the Middle	KS1 - Y2 FMS Bounce Ball	Year 2 - Games - Net and Wall	Year 1 FMS - Underarm Throw	Year 2 FMS end of KS1 Assessment
	KS1 - Y2 FMS Playground games in the 20th Century	Year 1 Gymnastics Activities 2	Year 2 Dance Activities - Once Upon a Giant	Year 2 Gymnastics Activities 1	Year 2 - Games - Striking and Fielding	KS1 - Y2 Athletics
Year Three	Swimming - Autumn 1	Year 3/4 Target Games - Dodgeball	Year 3/4 OAA - Team Work & Problem Solving	Year 3/4 Creative Games - Tag and Target	Swimming - Summer 1	Year 3/4 Athletic Activities
	Fundamental Skills Catch up - Year 2 FMS Bounce a ball	Year 3 Invasion Games - Handball	Year 3/4 Games - Net and Wall Unit Core Task 1	Year 3 Invasion Games - Netball	Year 3 Invasion Games - Rugby	Year 3/4 Striking and Fielding - Cricket
Year Four	Year 4 Invasion Games - Rugby	Year 3/4 Target Games - Dodgeball	Year 3/4 OAA - Team Work & Problem Solving	Year 4 Invasion Games - Basketball	Year 3/4 Creative Games - Tag and Target	Year 3/4 Athletics Activities
	Year 4 Principles of Defending	Year 3/4 Games - Net and Wall Unit Core Task 2	Year 4 Target Games - Boccia	Year 4 Principles of Attacking	Year 4 Invasion Games - Handball	Year 3/4 Striking and Fielding - Cricket
Year Five	Year 5/6 Invasion Games - Hockey	Year 5 Orienteering	Year 5/6 - Creative Games	Year 5/6 Invasion Games - Netball	Year 5/6 Net and Wall Tennis	Year 5/6 Athletics
	Year 5/6 Principles of Attacking	Year 5/6 Dance - Robin Hood	Year 5/6 OAA - Teambuilding	Year 5/6 Principles of Defending	Year 5/6 Striking and Fielding - Rounders	Year 5/6 Striking and Fielding Games - Cricket
Year Six	Year 5/6 Invasion Games - Hockey	Year 5/6 Badminton	Year 5/6 OAA - Teambuilding	Year 5/6 Invasion Games - Rugby 1	Year 5/6 - Creative Games	Year 5/6 Athletics
	Year 5/6 OAA	Year 5/6 Invasion Games - Netball	Year 5/6 Principles of Attacking	Year 6 Gymnastic Activities 1	Year 5/6 Striking and Fielding Games - Cricket	Year 5/6 Striking and Fielding Games - Rounders